

9 February 2025

in the care of the Missionaries of God's Love

St Benedict's

Parish and Mission Centre, Narrabundah

The Fifth Sunday in Ordinary Time



<https://pemptousia.com/2023/09/sermon-on-the-1st-sunday-of-luke-luke-5:1-11/>

Coming up:

Kingdom Kids

9 Feb

Parish Morning Tea

9 Feb

Metanoia Lenten Group

6 March



cg.org.au/narrabundah

Weekend Rosters



THIS WEEKEND (8 - 9 Feb)

NEXT WEEKEND (15-16 Feb)

	Sat 6pm	Sun 9am	Sun 6pm	Sat 6pm	Sun 9am	Sun 6pm
Welcomers	Louise	Alma	Volunteer	Carmel & Peter	Robert Henry	Volunteer
Readers	Helen, BA	Julie Douglas, McKinley	MGL Sisters	Robert Booth, Louise	Shiru, Loreena	-
Readings	1st: Is 6:1-8 2nd: 1 Cor 15:1-11			1st: Jer 17: 5-8 2nd: 1 Cor 15:12, 16-20		
Offertory	Volunteer	Young family	Volunteer	BA Daly, Helen	Jose family	Volunteer
Eucharistic Minster	Sue	Josephus	Volunteer	Nhung	Brendan Bergin	Volunteer
Musicians	Pierre +	Jovi +	-	Pierre +	Family Choir	-
Flowers & Altar Cleaning	Lorette, Anne Hobday			Grace, Sherice		
Church Cleaning	Jeanie			Nhung Booth, John Murray		
Visitations	Mt View/Jindalee - Julie			Jindalee - Jonavie, Grace		

Follow us on social media:



St. Benedict's Church and Mission Centre, Canberra



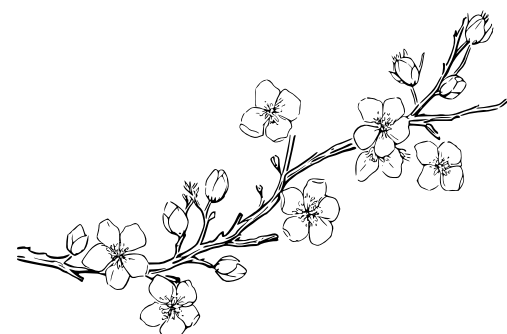
stbenedicts.canberra



St. Benedict's Mission Centre



New website coming soon....



St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

Events and Announcements

9
FEB

Kingdom Kids

We are thrilled to announce the return of Kingdom Kids for the year. This children's liturgy program is designed for kids aged 3-12. Every Sunday (except long weekends and school holidays). For more info contact Sherice Kazzi on 0408 259 502.

9
FEB

Parish Morning Tea

Our parish morning teas, which take place after the 9am Sunday Mass will resume next Sunday.

18
FEB

Men's Sharing Group

Begins again this Tuesday night, 7.30pm in the Parish Centre. The Men's Sharing Group meets every second Tuesday. For more information contact: John Murray 0480257761

6
MAR

METANOIA Lenten Program 2025

This Lent, embark on a journey of metanoia—a transformative change of heart inspired by the Gospels. In order to assist us on our Lenten journey and to provide an opportunity for fellowship. The parish is hosting a Visio Divina Lenten Group. Thurs 6 March for 6 weeks, 6:45 (for a 7pm) -8:30pm. In the Parish Centre, Cost \$10 If there is enough interest a daytime group will also be available. Register and for more info contact Mattia Wellspring, 0434558734 or mattiawell@hotmail.com

1
MAY

ALPHA Course

St Benedict's is conducting an Alpha course next year in May. Alpha is a 12 week course that gives people an opportunity to explore faith in a non-threatening environment; ask questions and experience hospitality and welcome.

To register or to find out more, contact: Asterie tasterie@gmail.com.

AUG

Open RCIA Course

Interested in becoming Catholic or want to know more about the Catholic faith? St Benedict's is running an RCIA Program (Rite of Christian Initiation for Adults) in 2025. RCIA is an opportunity to come together to learn more about the Catholic faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season.

For more information contact the parish office: (02) 6295 7879



Adoration Roster Vacancies

Monday 6-8pm
Tuesday 11am-12pm
Wednesday 4-5pm
Thursday 2-3pm
Friday 10am-12pm

If you are interested in filling one of these hours please contact Anne Sutherland or the Adoration Team.

Praying for the sick

Jindalee & Mt View residents, Pamela Brown, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Mary Smith, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Br Matt McKeon, Connie Schultz (Jindalee)

Br Matt McKeon passed away on 1 Feb 2025. His funeral will be in Queensland on the 17th February. May Br Matt Rest in the Peace of Christ.

Notices Outside the Parish

UPCOMING MARRIAGE PREPARATION COURSES

for engaged couples:
FOCCUS - Tues 11th February 5-9 pm plus a private follow up session at Marymead CatholicCare;
Engaged Encounter - 22/23 Feb;
SmartLoving - online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au
Enquiries: Text Helena Zobec on 0405 440 463.

PILGRIMS OF HOPE

As part of the Jubilee Year: Pilgrims of Hope come and celebrate the contribution of 30 Different Religious Orders across our Canberra and Goulburn Archdiocese at St. Christopher's Cathedral, Sunday 9th February 2025, 11am Mass Celebrated by Archbishop Christopher Prowse. All welcome.

SUMMER GARAGE & PLANT SALE

The Marymead Catholic Care Auxiliary's Summer Garage & Plant Sale, is coming soon! Join us on Saturday, 15 February from 8am to 12pm and discover a unique range of pre-loved vintage items such as clothes, books, music, and much more! Marymead CatholicCare, 255 Goyder Street, Narrabundah See you there! Make sure to follow us on Facebook to keep up to date with our events! For more information email marketing@mccg.org.au

THE GREAT WARNING FILM

24th Feb, 6:30pm, at Palace Electric Cinema, 2 Phillip Law St Canberra A movie about the world wide illumination of conscience according to prophecies of Catholic saints and mystics. To book a ticket just google <http://www.force.com/screenings> and search by country and then ACT. For more info contact Fr Emil emil.milat@cg.org.au

Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

To donate directly into the parish account, please use the following details:

BSB: 062 786
Account Number: 000014992
Please include your Planned Giving number if applicable, or your surname and 'donation'

Priests:



Parish:



First Reading Is 6:1-8

Here am I! Send me.

In the year of King Uzziah's death I saw the Lord seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings.

And they cried out to one another in this way,
'Holy, holy, holy is the Lord of hosts.
His glory fills the whole earth.'

The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said:

'What a wretched state I am in! I am lost, for I am a man of unclean lips and I live among a people of unclean lips, and my eyes have looked at the King, the Lord of hosts.'

Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said:

'See now, this has touched your lips,
your sin is taken away,
your iniquity is purged.'

Then I heard the voice of the Lord saying:

'Whom shall I send? Who will be our messenger?' I answered, 'Here I am, send me.'

Responsorial Psalm

Ps 137:1-5. 7-8. R. v.1

(R.) In the sight of the angels I will sing your praises, Lord.

1. I thank you, Lord, with all my heart, you have heard the words of my mouth. Before the angels I will bless you. I will adore before your holy temple. (R.)
2. I thank you for your faithfulness and love which excel all we ever knew of you. On the day I called, you answered; you increased the strength of my soul. (R.)
3. All earth's kings shall thank you when they hear the words of your mouth. They shall sing of the Lord's ways; 'How great is the glory of the Lord!' (R.)
4. You stretch out your hand and save me, your hand will do all things for me. Your love, O Lord, is eternal, discard not the work of your hands. (R.)

Second Reading 1 Cor 15:1-11

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established; because the gospel will save you only if you keep believing exactly what I preached to you – believing anything else will not lead to anything.

Well then, in the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it.

I am the least of the apostles; in fact, since I persecuted the Church of God, I hardly deserve the name apostle; but by God's grace that is what I am, and the grace that he gave me has not been fruitless. On the contrary, I, or rather the grace of God that is with me, have worked harder than any of the others; but what matters is that I preach what they preach, and this is what you all believed.'

Gospel Acclamation Mt 4:19

Alleluia, alleluia!

**Come follow me, says the Lord,
and I will make you fishers of my people.
Alleluia!**

Gospel Lk 5:1-11

They left everything and followed him.

Jesus was standing one day by the lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon's – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of

Jesus saying, 'Leave me Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.



Reflection by Dianne Bergant CSA

Today we consider the call to continue the mission of Jesus by engaging in some form of ministry. The first and the last readings are call narratives; the epistle contains a statement of the faith that undergirds our response to our call; the psalm response celebrates the gracious goodness of God that makes all of this possible.

Our call is more than a summons to faith; it is a call to ministry. Isaiah is called in order to be sent; the fishermen are called in order to gather others to Jesus. So it is with us. We are called to be sent out to the world. This call comes to us in the ordinariness of life. It will usually come to us as we wash our nets or our dishes, as we teach or raise children, as we prepare a brief for trial or examine a patient; as we repair cars or work at the computer. The call of God comes to us in the ordinariness of life.

We are called to proclaim the message of the resurrection by any and every means possible. Some, like Isaiah and the disciples of Jesus, will witness in open and dramatic ways. They will teach and preach; they will nurse the sick and care for the elderly. Others will witness in less conspicuous ways. They will insist on fair practices in their own workplaces;

they will weed out expressions of prejudice and violence so that a new and just world can be fashioned for themselves and for their children. Called in the ordinariness of their lives, they will witness to the death and resurrection in that very ordinariness, thus transforming everything into extraordinariness.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
6pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Mon - Tue:
7am - 10pm
Wed - Thurs:
1pm - 10pm
Friday
Fri 7am - Sat 8am



RECONCILIATION

Friday
6:15pm - 7pm
Saturday
5pm - 5.30pm



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.



MOTHER'S PRAYERS

Each Monday (school term)
9.30am, Parish Centre

KINGDOM KIDS

Sun 9am Mass
Contact Sherice 0408 259 502.

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuowke MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tues - Thurs, 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring